



Gangga Island Resort
Manado

The Pasung Spa Menu

*When mind and body are in perfect
harmony, a perfect balance is achieved
between the physical and the spiritual*



Gangga Island Resort & SPA

Welcome to the Pasung Spa

Dear Guest,

We have introduced some wonderful SPA treatments combining rare therapies from the Minahasa families on Gangga Island.

These treatments have been used by generations of Minahasa villagers to sooth tired muscles, encourage well-being and keep their skin soft and supple. These treatments have never been shared with the outside world. At the Pasung Spa, we would like to share the secrets to youthful looking skin and well-being with you.

If you would like to have a single treatment or prefer the spa package, please call the reception to make your appointment.

Thank you
The Management

Gangga Island Massage

Gangga Island massage is a local healing massage passed down over generations among the females living on Gangga Island. Each therapist uses her own unique style representing techniques passed down from Grandmother to mother to daughter. This treatment therapy uses firm, soothing and stretching type movements guaranteed to relax the muscles and the mind.

60 minutes US \$ 35.00

Minahasa Reflexology

Minahasa Reflexology is a unique blend of local and Chinese acupressure movements. It stimulates the micro-systems in the feet, which reflect the rest of the body. After just thirty minutes the body tension is relieved, blood and lymph circulation functions more efficiently. Regular sessions promote a healthy, energetic and youthful body.

45 minutes US \$ 35.00



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HoneyMoon Dream

Aromatic Body Glow, Aroma Massage

The perfect romantic escape for honeymooners or couples just wishing to spend more special time together. Combining a Foot and Shoulder massage, and an Aromatic Body Massage, which leaves the skin silky and soft, using a deliciously scented Essential Oil of your choice.

90 minutes US \$ 75.00
For 2 persons US \$ 120.00

Gangga Island Escape

Soothing Body Glow and Gangga Island Massage

A wonderfully calming and relaxing treatment designed for divers and non divers alike. This package Includes a body exfoliation to remove old skin cells and help maintain a healthy tanned look. It is followed by a body massage to sooth and relax tired muscles.

90 minutes USD\$ 60.00
for 2 persons US \$ 110.00





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The Pasung SPA Highlight

This complete SPA treatment starts with a refreshing peppermint and Gangga Blooms foot bath, followed by a Body Scrub and a nutritional Body Mask, and by the most soothing and relaxing Aroma Massage with the Essential Oil of your choice.

The treatment will be completed with a traditional Honey and Cucumber Facial, this simple sensual facial, leaves your skin feeling soft and velvety.

180 minutes US \$ 90.00
For 2 persons US \$ 150.00



Foot and Shoulder Massage

After a day of Diving

A wonderfully calming and relaxing Foot Treatment designed for divers and non divers alike. This package Include a sea salt and peppermint foot bath and scrub. Followed by a therapeutic reflex massage; completes the treatment a shoulder and neck massage to sooth and relax your tired muscles.

60 minutes USD\$ 50.00
for 2 persons US \$ 90.00

